

Temporary Crown Post-Operative Instructions

These instructions will guide you through the first few days of recovery.

All patients heal differently - listen to your body. If something hurts, do not do it!

Now that we've placed a temporary crown, it's important to follow these recommendations to ensure the success of your final restoration:

Chewing and Eating

If we used an anesthetic to place a temporary crown, avoid chewing until the numbness has completely worn off to avoid accidentally biting your lip, cheek or tongue.

To keep your temporary crown in place, avoid eating hard or sticky foods, chewy bread, and especially avoid chewing gum and taffy. If possible, chew only on the opposite side of your mouth from where the temporary crown was placed.

Brushing and Flossing

With a temporary crown, brush normally but floss very carefully. Remove floss by pulling through from the side in order to prevent removal of the temporary crown. If your teeth are sensitive to hot, cold or pressure, use desensitizing toothpaste. In most cases, this sensitivity is normal while a temporary crown is in place.

Medication and Discomfort

Take antibiotics or other medication only as directed.

When to Call

It is not a dental emergency if your temporary crown comes off; however, it will need to be placed back on your tooth. It is very important for the proper fit of your final crown that your temporary stays in place. If your temporary crown falls out, save it and call us at your next availability so we may reserve time on our schedule to re-cement it.

Call Falcon Dental Group at <u>313-884-3050</u> if your bite feels uneven, you have persistent sensitivity or discomfort beyond slight temperature sensitivity, or if you have any questions or concerns. Our team will help you make an appointment with our dentists to resolve the problem.

Falcon Dental Group genuinely care about your oral health, comfort and smile. We are committed to providing quality dental care in the Grosse Pointe, Harper Woods, and Metro Detroit Areas.