

When kids should see the dentist

By Dr. Horacio Falcón

As parents, we prioritize our children's health from the moment they enter the world.

Yet, amongst pediatrician visits and immunizations, dental care often takes a back seat. So, when should your child have their first dental appointment?



The American Academy of Pediatric Dentistry recommends that children should see a dentist within six months of the eruption of their first tooth or by their first birthday, whichever comes first. This might seem early, but it's a critical step in establishing lifelong oral health habits.

Early dental visits serve multiple purposes. It allows dentists to monitor the development of your child's teeth and jaws, ensuring everything is progressing as it should. They can also catch any potential issues early on, preventing more serious problems later.

Moreover, these initial visits are about more than just teeth. They're an opportunity for parents to learn proper oral hygiene techniques for their little ones. From how to brush those tiny teeth to navigating the world of nutrition and teeth, dentists provide invaluable guidance that can shape your child's dental habits for years to come.

Additionally, these early visits help familiarize children with the dental environment, reducing anxiety and fear in the future. By establishing a positive relationship with the dentist early on, you set the stage for a lifetime of stress-free dental care.


So, don't wait. Schedule that first dental appointment sooner rather than later.

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